

Foil - Grade 2



Fencers Name :

Demonstrate

While moving, maintaining the Fencing Line.

While moving, maintaining the correct distance for : Lunge.

While moving, maintaining the correct distance for : Parry / Riposte.

While moving, maintaining the correct distance for : Step Forward Lunge.

While moving, maintain Lunge distance & make a Direct Attack each time your partner pauses.

While stationary, Guards of Septime & Octave.

While stationary, Circular Parry of Sixte & Quarte with a Direct Riposte.

While stationary, Disengage Attack with a Lunge on partners Pressure from Engagement in Sixte & Quarte.

While stationary, Engagements in Sixte, Quarte, Septime & Octave with changes of engagement with Pressures.

Describe

The Fencers "Pledge of Honour".

Parts of the Foil.

Dimension of the Piste.

Piste Movement Rules.

The Principles of Fencing with a Foil.

Examiners

Signature : _____

Date : _____